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living

# Healing *lifestyles & spas*

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### ■ Om Yoga Mix 2

*(Dharma Moon, 2008)*

In Cyndi Lee's newest release, she continues the tradition she set with her first yoga mix, creating a soundtrack that provides a perfect backdrop to a flow yoga class. Lee, the owner of Om Yoga in New York City, and her husband David Nichtern, an award-winning composer, created this compilation by drawing on a wide range of music styles. Included on the CD you'll find *Mantra* a previously unreleased work by world-renowned kirtan chanter Krishna Das, as well as more dance, trance, and world-inspired sounds. If you're looking for an uplifting and motivational practice, this CD is sure to inspire.



**Bliss in the  
Indian Ocean**